



Welcome to your Artisan Pantry

This is an honesty based system.

Please leave cash or make a bank transfer within 24-hours of your departure to the following account:
40-47-63 30656046

(Please note that we do not take the monies from your pre-authorised security deposit)

Please mark down all items and quantities enjoyed.

Thank you!



ALL items NOT IN THE FITTED KITCHEN CUPBOARDS are to be paid for. All items on the red shelves in the fridge are chargeable and the items on the shelf in the door (milk is free), as are all items in the freezer. All alcohol is charged with the exception of the two decanters of gin and whiskey, (ice can be found in the freezer).

In Bethnal

You will find wines and soft drinks in the black sideboard, beers and lagers in the bottom drawer of the antique pantry and ciders on top of the pantry. Inside the pantry are a multitude of artisan sundries, snacks and sauces to purchase.

In Bec

You will find wines in the antique sideboard under the TV and more wines and beers in the black metal unit. Inside the sideboard pantry are a multitude of artisan sundries, snacks and sauces for you to purchase.

And remember...we are more than happy to order in any special food items for you, please give at least 24-hours notice.

Welcome! Relax & enjoy.



Savoury Items

Crisps: all flavours	£1.00
Olives	£1.20
Mixed nuts	£1.20

Sweet Items

TEMPRD Chocolate - handcrafted in Maldon, Essex	
...large bars	£4.50
...small bars	£3.30
Large bags of sweets	£3.60
S'Mores Gourmet Marshmallows	£5.75



Drinks non-alcoholic

Coke® & Diet Coke® cans	£1.50
Tonic Water	£1.20
Sparkling Water	£1.50
Kombucha	£2.10
Frobosher® Orange / Apple Juice	£2.50

Drinks Alcoholic

BARON Lager & IPA	£3.50
BARON Zero IPA	£3.00
Small Prosecco bottles	£6
Honesty Shots (25ml)	£4.50
Old Vodka - made one mile away at Church Farm	5cl £5
Renegade & Longton Blush elderflower Champagne	£22
Copper In The Clouds - made in Hertfordshire	35cl £23
Flowerbomb, Marmalade & Hertfordshire Dry	5cl £6.50
Hitchin Gin - Lavender, Honey, Honey Rum	£38 / £6.50

Organic Wines & Prosecco

White wine	£16.50
Red wine	£16.50
Prosecco	£18
Champagne Fleury Rosé / Oxney Classic English Organic Champagne	£40



In the freezer - FIELD GOODS

We're Sam & Elliot Day; food obsessed brothers who left the farm in Devon for the big city. After running a successful restaurant in London, we decided to turn our love of home-cooked food into a business. The dream? To make amazing comfort food from carefully-sourced, sustainable suppliers, sent from our kitchen to your table.

Chicken&Leek Pie, Steak&Ale Pie (for one)	£6.95
Cauliflower Butter Masala (for one)	£6.55
Beef Lasagne (for one / for two)	£7.15 / £12.75
Tarragon Chicken (for two)	£12.25
Mac&Cheese SIDE (for two)	£5.25
Sticky Toffee Pudding (for two)	£5.25

Bethnal&Bec Range

We've sourced some favourites for you!

Hash browns	£4
Sweet potato fries	£4
Skin on fries	£4
Outdoor Bred gluten-free pork sausages x 6	£7
Local smoked back bacon x 6	£6.50
Butter Croissants / Pain Au Chocolat / Almond Croissants	£5.00



Various Ice Creams

...we have sourced some incredible ice cream from a number of small businesses. Small batch ice creams, made with care and love.

ROSSI ICE CREAM	£3
THAYMAR DAIRY ICE CREAM	£2.50
MARSHFIELD FARM REAL DAIRY ICE CREAM	£2.50
The Natural Spa, handmade bath bombs Vegan, cruelty free, oil free, colorant free, SLS/SLSA free. These bath bombs are packed full of Epsom salts, essential oils & clay to help you enjoy your bath to the fullest. Simply drop one piece into running water & watch it fizz around your bath, released a gentle aroma.	£4 each
The Natural Spa, bath soak	£6.50 each
Spacemasks - Interstellar Relaxation	£3.50 each
Yorkshire Lavender Sleep & Relaxation Kit	£20 each Reduced to £10



Beebombs

Bringing the bees back.

Your Beebombs contain 18 species of wildflowers, native to Britain and confirmed by the RHS as 'Perfect for Pollinators'. Used in our wildflower meadow.

£6

Doggie Pantry

Green & Wilds® Are all about natural, healthy products you can trust, with good wholesome honest ingredients. There are no fillers or bulkers in our food - only nice natural stuff!

All toys/chew toys

£7

All treats

£4.50





Your Staples Pantry

We've provided for your personal use complimentary items for you to enjoy. They are all the items that are in the **KITCHEN CUPBOARDS** and on the **CLEAR** shelf in the fridge.

These include:

bath & shower wash, shampoo, conditioner, hand & body lotion
black & green tea bags, assortment of infusion teas, instant & ground coffee, hot chocolate
cornflakes & shreddiees
cotton pads & cotton buds
ketchup, mayonnaise, sweet chilli sauce, mustard (all Heinz)
portions of salted butter
quick cook white rice, pasta, spaghetti, vermicelli noodles
salt, pepper, mixed herbs, garlic, dried chillies, olive oil
selection of jams, marmalade & honey
tea towel, dishwasher tabs, eco cleaning sponge, toilet roll
tipple of gin & whisky
washing up liquid & kitchen cleaner
white flour, stock cubes (meat & vegetable) & gravy granules
breakfast hamper as ordered

Food Allergy Warning

Please be advised that food & drink at Bethnal&Bec may contain the following ingredients: Peanuts, eggs, milk, wheat, tree nuts, soybean, fish, shellfish, mustard, celery, gluten, lupin, sesame seed & sulphur dioxide. This includes; but is not limited, to the complementary staples pantry; the Artisan Pantry, the Dine In-Menu & any add on packages.
