



# Welcome to your Artisan Pantry

This is an honesty based system.

Please leave cash or make a bank transfer within 24-hours of your departure to the following account:  
**40-47-63 30656046**

(Please note that we do not take the monies from your pre-authorized security deposit)

Please mark down all items and quantities enjoyed.

Thank you!



**ALL items NOT IN THE FITTED KITCHEN CUPBOARDS** are to be paid for. All items on the red shelves in the fridge are chargeable and the items on the shelf in the door (milk is free), as are all items in the freezer. All alcohol is charged with the exception of the two decanters of gin and whiskey, (ice can be found in the freezer).

## In Bethnal

You will find wines and soft drinks in the black sideboard, beers and lagers in the bottom drawer of the antique pantry and ciders on top of the pantry. Inside the pantry are a multitude of artisan sundries, snacks and sauces to purchase.

## In Bec

You will find wines in the antique sideboard under the TV and more wines and beers in the black metal unit. Inside the sideboard pantry are a multitude of artisan sundries, snacks and sauces for you to purchase.

And remember...we are more than happy to order in any special food items for you, please give at least 24-hours notice.

Welcome! Relax & enjoy.



## Savoury Items

Crisps: all flavours	£0.80
Olives	£1.20
Barista Grade Instant Coffee	£5.50

## Sweet Items

TEMPRD Chocolate - handcrafted in Maldon, Essex	
...large bars	£4.50
...small bars	£3.30
Large bags of sweets	£3.20
Sweet boxes	£4
Tin of Fudge	£10



## Drinks non-alcoholic

Coke® & Diet Coke® cans	£1.30
Tonic Water	£1
Still water	£1.25
Kombucha	£2.10
Frobosher® Orange / Apple Juice	£2.20

## Drinks Alcoholic

Lager/Cider	£2.20
Small Prosecco bottles	£5
Honesty Shots (25ml)	£4.50
Old Vodka - made one mile away at Church Farm	5cl £5
Renegade & Longton Blush elderflower Champagne	£22
Copper In The Clouds - made in Hertfordshire	35cl £23
Flowerbomb, Marmalade & Hertfordshire Dry	5cl £6.50
Hitchin Gin - Lavender, Honey, Honey Rum	£38 / £6.50

## Organic Wines & Prosecco

White wine	£16.50
Red wine	£16.50
Prosecco	£18
Champagne Fleury Rosé / Oxney Classic English Organic Champagne	£40

## In the freezer - SOKA



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Owners Nat & Henry both left their corporate careers behind them to follow their passion for food. They love being part of the thriving food community in Herts. When you choose SOKA, you are sure to get the very best food produce Herts has to offer, cooked to perfection!

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Slow Braised Beef Pie	£8.50 each
Mushroom & Leek Pie	
Beef Lasagne	
Chicken & Potato Curry	
Roast Vegetable Lasagne	
Chickpea & Squash Curry	

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## Bethnal&Bec Range

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We've sourced some favourites for you!

Hash browns	£3
Sweet potato fries	£4
Skin on fries	£4
Outdoor Bred gluten-free pork sausages x 6	£7
Local smoked back bacon x 6	£6.50
Vegan sausages x 4	£4
Butter Croissants / Pain Au Chocolat / Almond Croissants	£4.50

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## Marshfield Farm Real Dairy Ice Cream

...one Family, One Farm, One Herd. Award winning ice cream from 1100 acres of farmland on Cotswold Way. Every drop of milk in our ice cream can be traced back to the fiends it first came from. It is then moved only meters to our on-site creamery.

<b>All Flavours</b>	£2.25
<b>Scoop's Ice Cream</b> Marshfield Farm's dog-friendly ice cream	£2
<b>Magnum® Classic vegan ice cream stick</b>	£1.50

<b>The Natural Spa, handmade bath bombs</b>  Vegan, cruelty free, oil free, colorant free, SLS/SLSA free. These bath bombs are packed full of Epsom salts, essential oils & clay to help you enjoy your bath to the fullest. Simply drop one piece into running water & watch it fizz around your bath, released a gentle aroma.	£2 each
<b>Flawless Vegan Sheet Masks</b>	£3.50 each
<b>Spacemasks - Interstellar Relaxation</b>	£3.50 each
<b>Yorkshire Lavender Sleep &amp; Relaxation Kit</b>	£20 each



## Beebombs

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Bringing the bees back.

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Your Beebombs contain 18 species of wildflowers, native to Britain and confirmed by the RHS as 'Perfect for Pollinators'. Used in our wildflower meadow.	£6
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## Doggie Pantry

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**Green & Wilds®** Are all about natural, healthy products you can trust, with good wholesome honest ingredients. There are no fillers or bulkers in our food – only nice natural stuff!

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All toys/chew toys	£7
All treats	£4.50

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## Your Staples Pantry

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We've provided for your personal use complimentary items for you to enjoy. They are all the items that are in the **KITCHEN CUPBOARDS** and on the **CLEAR** shelf in the fridge.

These include:

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bath & shower wash, shampoo, conditioner, hand & body lotion  
black & green tea bags, assortment of infusion teas, instant & ground coffee, hot chocolate  
cornflakes & shreddiees  
cotton pads & cotton buds  
ketchup, mayonnaise, sweet chilli sauce, mustard (all Heinz)  
portions of salted butter  
quick cook white rice, pasta, spaghetti, vermicelli noodles  
salt, pepper, mixed herbs, garlic, dried chillies, olive oil  
selection of jams, marmalade & honey  
tea towel, dishwasher tabs, eco cleaning sponge, toilet roll  
tipple of gin & whisky  
washing up liquid & kitchen cleaner  
white flour, stock cubes (meat & vegetable) & gravy granules  
breakfast hamper as ordered

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## Food Allergy Warning

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Please be advised that food & drink at Bethnal&Bec may contain the following ingredients: Peanuts, eggs, milk, wheat, tree nuts, soybean, fish, shellfish, mustard, celery, gluten, lupin, sesame seed & sulphur dioxide. This includes; but is not limited, to the complementary staples pantry; the Artisan Pantry, the Dine In-Menu & any add on packages.

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