



This is an honesty based system.

Please leave cash or make a bank transfer within 24-hours of your departure to the following account:

40-47-63 30656046

Thank you!

(Please note that we do not take the monies from your pre-authorised security deposit)

Please mark down all items and quantities enjoyed.



ALL items NOT IN THE FITTED KITCHEN CUPBOARDS are to be paid for. All items on the red shelves in the fridge are chargeable and the items on the shelf in the door (milk is free), as are all items in the freezer. All alcohol is charged with the exception of the two decanters of gin and whiskey, (ice can be found in the freezer).

In Bethnal

You will find wines and soft drinks in the black sideboard, beers and lagers in the bottom drawer of the antique pantry and ciders on top of the pantry. Inside the pantry are a multitude of artisan sundries, snacks and sauces to purchase.

In Bec

You will find wines in the antique sideboard under the TV and more wines and beers in the black metal unit. Inside the sideboard pantry are a multitude of artisan sundries, snacks and sauces for you to purchase.

And remember...we are more than happy to order in any special food items for you, please give at least 24-hours notice.



Savoury Items

Crisps: all flavours	£.70
Olives	£1
Joe & Seph's Popcorn	£2.50

Sweet Items

Hand-poured giant buttons	£1.50
Tony's Chocolate	£4
No Udder Chocolate	£2.80
Candy Kittens	€2.20
Nerds	£1.50
Rowntree Bags	£1.50
Border Biscuits	£l
Giant Chocolate Chip Cookie	£1.25
Sweet Boxes	£4



Drinks non-alcoholic

Coke® & Diet Coke® cans	£1.20
Tonic Water	£1
Still water	£1.25
Orchard lemonade	£1.60
Frobosher® Orange / Apple Juice	£2
Orange and Mandarin Drink	£1.50

Drinks Alcoholic

Lager	£2.20
Cider	£2.20
Small Prosecco bottles	£4.50
Old Vodka – made one mile away at Church Farm	5cl £5
Renegade & Longton Blush elderflower Champagne	£20
Copper In The Clouds - made in Hertfordshire Flowerbomb, Marmalade & Hertfordshire Dry	35cl £23 5cl £6.50
Hitchin Gin - Lavender, Honey, Honey Rum	£38/£6.50

Organic Wines & Prosecco

White wine	£15
Red wine	£15
Prosecco	£18
Champagne Fleury Rosé / Oxney Classic English Organic Champagne	£40



In the freezer - SOKA

Owners Nat & Henry both left their corporate careers behind them to follow their passion for food. They love being part of the thriving food community in Herts. When you choose SOKA, you are sure to get the very best food produce Herts has to offer, cooked to perfection!

Slow Braised Beef Pie	
Mushroom & Leek Pie	
Beef Lasagne	£8.50 each
Chicken & Potato Curry	
Roast Vegetable Lasagne	
Chickpea & Squash Curry	İ

Bethnal&Bec Range

We've sourced some favourites for you!	
Hash browns	£3
Sweet potato fries	£3.50
Skin on fries	£3
Outdoor Bred gluten-free pork sausages x 6	£5.50
Local smoked back bacon x 6	£5.50
Vegan sausages x 4	£4
Butter Croissants / Pain Au Chocolat / Almond Croissants	£4



Marshfield Farm Real Dairy Ice Cream

...one Family, One Farm, One Herd. Award winning ice cream from 1100 acres of farmland on Cotswold Way. Every drop of milk in our ice cream can be traced back to the fiends it first came from. It is then moved only meters to our on-site creamery.

All Flavours	£2.25
Scoop's Ice Cream Marshfield Farm's dog-friendly ice cream	£2
Magnum® Classic vegan ice cream stick	£1.50

Handmade Bath Bombs

 $\label{thm:condition} Vegan, cruelty free, gentle...run a warm bath, soak the stresses away.$

Honey Bee Hive	£4.50 each
Coconut	
Himalayan Salt	
Lavender Essential oil	

Flawless Vegan Sheet Masks	£3.50
riawiess vegan Sneet Masks	

Reborn Artisan Body Care

Various bath salts	£5 each
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Beebombs

Bringing the bees back.	
Your Beebombs contain 18 species of wildflowers, native to Britain and confirmed by the RHS as 'Perfect for Pollinators'. Used in our wildflower meadow.	£6

Doggie Pantry

Green & Wilds® Are all about natural, healthy products you can trust, with good wholesome honest ingredients. There are no fillers or bulkers in our food – only nice natural stuff!

All toys/chew toys	£7
All treats	£4.50
Brookfield Farm Dog Treats - made by our butchers, as natural as they get!	£2





Your Staples Pantry

We've provided for your personal use complimentary items for you to enjoy. They are all the items that are in the **KITCHEN CUPBOARDS** and on the **CLEAR** shelf in the fridge. These include:

bath & shower wash, shampoo, conditioner, hand & body lotion black & green tea bags, assortment of infusion teas, instant & ground coffee, hot chocolate cornflakes & shreddies cotton pads & cotton buds ketchup, mayonnaise, sweet chilli sauce, mustard (all Heinz) portions of salted butter quick cook white rice, pasta, spaghetti, vermicelli noodles salt, pepper, mixed herbs, garlic, dried chillies, olive oil selection of jams, marmalade & honey tea towel, dishwasher tabs, eco cleaning sponge, toilet roll tipple of gin & whisky washing up liquid & kitchen cleaner white flour, stock cubes (meat & vegetable) & gravy granules breakfast hamper as ordered

Food Allergy Warning

Please be advised that food & drink at Bethnal&Bec may contain the following ingredients: Peanuts, eggs, milk, wheat, tree nuts, soybean, fish, shellfish, mustard, celery, gluten, lupin, sesame seed & sulphur dioxide. This includes; but is not limited, to the complementary staples pantry; the Artisan Pantry, the Dine In-Menu & any add on packages.